



## Enlightened Interventions, LLC

51 Union Street, Suite 222

Worcester, MA 01608

Ph: (508)317-2323

[enlightenedinterventions@gmail.com](mailto:enlightenedinterventions@gmail.com)

### Client Information

Client's Name:

*Last*

*First*

*M.I.*

Address:

*Street Address*

*Apartment/Unit #*

*City*

*State*

*ZIP Code*

Home Phone: ( )

Alternate Phone: ( )

Birth Date:

Marital Status:

### Parent or Guardian Information

Parent/  
Guardian:

*Last*

*First*

*M.I.*

Address:

*Street Address*

*Apartment/Unit #*

*City*

*State*

*ZIP Code*

Home Phone: ( )

Alternate Phone: ( )

### Medical Information

PCP:

Address:

*Street Address*

*Apartment/Unit #*

*City*

*State*

*ZIP Code*

Primary Phone: ( )

Fax Phone: ( )

Date of last

Physical:

Allergies:

### Emergency Contact

Full Name:

*Last*

*First*

*M.I.*

Relationship:

*Street Address*

*Apartment/Unit #*

*City*

*State*

*ZIP Code*

Primary Phone: ( )

Alternate Phone: ( )

Date:



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**INFORMED CONSENT FOR TREATMENT**

I hereby request that (client) \_\_\_\_\_  
born on \_\_\_\_\_ be accepted for mental health treatment as described to me.

- I give my authorization and consent to receive outpatient mental health counseling treatment services from Enlightened Interventions, LLC or my therapist: \_\_\_\_\_.
- I have been given information regarding my rights and responsibilities as a client (Members Rights)
- I have been given information regarding the limits of confidentiality (HIPPA)
- I have been given the Office Policies and General Agreement for Psychotherapy Services
- I have been given information regarding the cost of service. I understand that I am responsible to pay any amount owed each time I come for treatment.
- I understand that I may address any concerns or grievances with my therapist. I understand that I may also contact the licensing board, which regulates my therapist's professional practice.
- I am freely choosing to enter treatment, and I understand that I may discontinue treatment at any time.
- I have been given information about the advantages and disadvantages of treatment recommended as well as other potential alternatives.

\_\_\_\_\_  
Signature of client or legal consenter

\_\_\_\_\_  
Date

\_\_\_\_\_  
Printed Name

**Minor (Emancipated Minors Only)**

Due to the following reason \_\_\_\_\_, I have the legal capacity under applicable Massachusetts's law to apply for consent to such treatment and services mentioned in this form, without parental consent.

\_\_\_\_\_  
Signature of client or legal consenter

\_\_\_\_\_  
Date

\_\_\_\_\_  
Printed Name

**Parent or Guardian:**

I, \_\_\_\_\_, do hereby state that I am the natural parent or legal guardian of the client; therefore, I am authorized to make this request for and give my consent to the treatment and services mentioned in the form.

\_\_\_\_\_  
Signature of client or legal consenter

\_\_\_\_\_  
Date

\_\_\_\_\_  
Printed Name



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**Therapist:** \_\_\_\_\_

**Cancellation/No Show Policy**

Patients who are not able to keep their appointments are required to provide timely notice of cancellation prior to their appointment time. Providing the required notice gives me the opportunity to schedule patients who may need to be seen urgently or from a wait list so they may be seen sooner.

Due to the nature of my practice, a 24-hour cancellation is required. Patients who DO NOT provide the required notification for cancellation are subject to a **\$50.00** fee that is NOT covered by insurance.

Patients who fail to pay the above fee will not be allowed to schedule future appointments until the fee is paid. Multiple Cancellations or No Shows may result in dismissal from therapy.

By signing below, I am agreeing that I have read and agree to the above stated policy.

\_\_\_\_\_  
Signature of client or legal consentor

\_\_\_\_\_  
Date

\_\_\_\_\_  
Printed Name



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**CONSENT TO RELEASE INFORMATION & AUTHORIZATION OF BENEFITS**

Name \_\_\_\_\_ Age: \_\_\_\_\_ DOB: \_\_\_\_\_

Parent or Guardian Name: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip Code \_\_\_\_\_

Home phone no. \_\_\_\_\_ Cell: \_\_\_\_\_ Other: \_\_\_\_\_

Insurance Company \_\_\_\_\_

Insurance ID: \_\_\_\_\_ Co-Payment \_\_\_\_\_

Subscriber's name: \_\_\_\_\_ Relationship \_\_\_\_\_

**RELEASE OF INFORMATION:**

I hereby authorize Enlightened Interventions, LLC to release information as may be required by my insurance company, their reimbursing insurance or billing agency, or as may be otherwise necessary for payment of claims resulting from my mental health treatment.

I understand information will be disclosed for processing claims for treatment I have received, quality review and continuity or care purposes. This may include information contained in my records that concerns medical illness, mental illness or substance abuse and/or domestic violence.

\_\_\_\_\_  
 Signature of client or legal consentor

\_\_\_\_\_  
 Date

\_\_\_\_\_  
 Printed Name

**ASSIGNMENT OF HEALTH INSURANCE BENEFITS:**

My signature below authorizes payment directly to Enlightened Interventions, LLC, of benefits payable under my policy. I understand that such payments will be credited to my account with this provider. I further understand that I am financially responsible to this provider for charges not covered or reimbursed by my policy, up to the fee the provider has agreed to accept.

I understand that I may revoke this release at any time, but must notify clinician of my revocation in writing.

\_\_\_\_\_  
 Signature of client or legal consentor

\_\_\_\_\_  
 Date

\_\_\_\_\_  
 Printed Name



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**AUTHORIZATION FOR THE USE OR DISCLOSURE OF HEALTH INFORMATION**

When you complete this form, you are authorizing the disclosure and/or use of individually identifiable health information, as set forth below, consistent with state and federal laws concerning the privacy of such information. If you do not provide all the information requested, this Authorization may not be valid.

Member/Individual Name: \_\_\_\_\_  
Member/Individual Date of Birth: \_\_\_\_\_

**AUTHORIZATION FOR DISCLOSURE OF HEALTH INFORMATION**

I hereby authorize \_\_\_\_\_ to release my health information to:

*(Persons or organizations to whom information may be disclosed)*

- |          |          |
|----------|----------|
| 1. _____ | 5. _____ |
| 2. _____ | 6. _____ |
| 3. _____ | 7. _____ |
| 4. _____ | 8. _____ |

**PURPOSE OF REQUESTED USE OR DISCLOSURE**

- |  |   |
|--|---|
| <input type="checkbox"/> Coordination of care or case management | <input type="checkbox"/> Response to HHS or other government agency |
| <input type="checkbox"/> Appeal or grievance resolution          | <input type="checkbox"/> Response to court order or subpoena        |
| <input type="checkbox"/> Treatment and follow up                 | <input type="checkbox"/> At the request of the Member               |
| <input type="checkbox"/> Assessing compliance with testing       | <input type="checkbox"/> Other _____                                |

**INFORMATION TO WHICH THE AUTHORIZATION APPLIES**

- |  |   |
|--|---|
| <input type="checkbox"/> Claims information<br>(from _____ to _____)   | <input type="checkbox"/> Appeal and review information<br>(from _____ to _____) |
| <input type="checkbox"/> All claims information                        | <input type="checkbox"/> All appeal and review information                      |
| <input type="checkbox"/> Clinical information<br>(from _____ to _____) | <input type="checkbox"/> Designated record set<br>(from _____ to _____)         |
| <input type="checkbox"/> All clinical information                      | <input type="checkbox"/> The entire designated record set                       |

Exceptions: \_\_\_\_\_

**This authorization expires (date or event):** \_\_\_\_\_

Name \_\_\_\_\_

Medical Record # \_\_\_\_\_

### INFORMATION TO WHICH THIS AUTHORIZATION APPLIES

- All health information pertaining to any medical history, mental or physical condition, and treatment received.
- All health information pertaining to any medical history, mental or physical condition, and treatment received, except:

Date: \_\_\_\_\_

Time: \_\_\_\_\_ am / pm

Signature: x \_\_\_\_\_  
*Individual/Member/Authorized Representative*

- I specifically authorize the release of personal health information relating to drug and/or alcohol abuse. The recipient of drug and/or alcohol abuse information disclosed as a result of this Authorization will need my further written authorization to redisclose this information.

Signature: x \_\_\_\_\_

- I specifically authorize the release of information relating to acquired immunodeficiency syndrome (AIDS) or human immunodeficiency virus (HIV).

Signature: x \_\_\_\_\_

### NOTICE OF RIGHTS AND OTHER INFORMATION

I may refuse to sign this Authorization. Treatment, payment, enrollment, or eligibility for benefits will not be conditioned on my providing or refusing to provide this Authorization. I may take back ("revoke") this Authorization at any time. To revoke this Authorization, I must send a letter, which has been signed by me or on my behalf to: \_\_\_\_\_.  
My revocation will be effective upon receipt, but will not affect disclosures already made in reliance on prior consent.

Except as described above with respect to drug and alcohol abuse records, information disclosed as a result of this Authorization could be redisclosed by the recipient and might no longer be protected by federal confidentiality laws.

I may inspect or obtain a copy of the health information be used or disclosed as permitted under federal or state law.

#### SIGNATURE

Date: \_\_\_\_\_

Time: \_\_\_\_\_ am / pm

Signature: x \_\_\_\_\_  
*Individual/Member/Authorized Representative*

If signed by someone other than the individual or Member, state your legal relationship to the individual or Member:

\_\_\_\_\_



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**Authorization Request for Medical Information**

I, \_\_\_\_\_ for \_\_\_\_\_  
Parent or guardian name Client name Date of Birth

hereby give permission to \_\_\_\_\_

and \_\_\_\_\_  
Primary Care Physician Institution name:

\_\_\_\_\_  
Address Suite City Zip

\_\_\_\_\_  
Phone no. Ext. Fax No. Other

to share information about my diagnosis and/or treatment related to substance abuse, mental health, or medical history, not including the results of blood test for antibodies to the human immunodeficiency virus (HIV). The purpose of this sharing of information is to help me receive better care.

\_\_\_\_\_  
Client /Parent or guardian Signature Date

\_\_\_\_\_  
Witness Date

**Member Refusal To Request Medical Information**

I, \_\_\_\_\_ for \_\_\_\_\_  
Parent or guardian name Client name Date of Birth

Have been asked by clinician to share information with:

\_\_\_\_\_  
Primary Care Physician Institution name

\_\_\_\_\_  
Address Suite City Zip

\_\_\_\_\_  
Phone no. Ext. Fax No. Other

about my diagnosis and treatment plan. My therapist has explained to me that sharing this information may lead to improved care. I understand that *my refusal* to sign does not affect my insurance coverage.

\_\_\_\_\_  
Client /Parent or guardian name Date



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**PHYSICAL HEALTH SCREENING**

Client's Name \_\_\_\_\_ AGE \_\_\_\_\_ D.O.B \_\_\_\_\_ Sex  M  F

Parent or Guardian Name: \_\_\_\_\_

Physician's Name: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip Code: \_\_\_\_\_

Phone no. \_\_\_\_\_ Fax: \_\_\_\_\_ Date of last Physical \_\_\_\_\_

**QUESTIONNAIRE**

Do you have now or have ever had:

A history of heart problem?  Y  N

A history of lung/ Respiratory problems (breathing problems)?  Y  N  
If yes? \_\_\_\_\_

Seizure Disorder?  Y  N

Asthma?  Y  N

Chest, neck, and/or jaw pains/ discomforts?  Y  N

Allergies?  Y  N If yes, what? \_\_\_\_\_

Tuberculosis?  Y  N

DTS (Delirium Tremors)?  Y  N

Venereal Disease (Herpes, Gonorrhea, STDs, Hepatitis)?  Y  N

Blackout?  Y  N

Numbness?  Y  N

Tingling?  Y  N

Headaches?  Y  N

Memory Problems?  Y  N

Visual Problems?  Y  N

Hearing Problems?  Y  N

Dizziness?  Y  N

Fainting?  Y  N

Previous Pregnancies \_\_\_\_\_

Are you or could you be pregnant now?  Y  N

Any history of surgeries?  Y  N If yes, \_\_\_\_\_

Muscle, joint, back pain or other pain?  Y  N

Severe pain?  Y  N Rate 1-10  
( 1- no pain & 10-severe pain) \_\_\_\_\_

Circulatory disorders?  Y  N

Walking problems?  Y  N

Poor balance?  Y  N

Chronic illness?  Y  N

Menstruation Problems?  Y  N

Breast Problems?  Y  N

Kidney Problems?  Y  N

Genitalia Problems?  Y  N

Stomach or Intestinal Problems?  Y  N

Bone Problems?  Y  N

Liver Problems?  Y  N

Cancer  Y  N Type \_\_\_\_\_

If yes, what age \_\_\_\_\_

Family member ever diagnosed with cancer?  Y  N

Who? \_\_\_\_\_

Immunization for the flu?  Y  N

TB test within the past year?  Y  N If yes when? \_\_\_\_\_

Do you exercise on a regular basis? \_\_\_\_\_

Any changes in your appetite over the last month?  Y  N

**Additional Comments:**

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

By signing, I acknowledge that I have read and understood and that the information provided is accurate:

\_\_\_\_\_  
Signature

\_\_\_\_\_  
Date





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### Symptoms Checklist:

#### Difficulties with Behavior Management in past four weeks (check all that apply)

- Impulsive
- Hyperactive
- Oppositional
- Violence/Aggression
- Runs off/ runs away

#### Difficulties with Activities of Daily living in past four weeks (check all the early)

- Appetite problem
- Difficulty with sleep
- Decreased energy
- Anhedonia
- Not able to work/ attend school
- Not able to maintain personal hygiene
- Social withdrawal
- Panic attacks
- Other (please specify)

#### Other symptoms present in past four weeks (check all that apply)

- Depressed Mood
- Elevated Mood
- Grief
- Hopelessness
- Worthlessness
- Guilt
- Anxiety
- Obsessions/ Compulsions
- Irritability
- Disruption of thought process/ content
- Somatic complaints
- Other (please specify)

#### Risk Factors present present in past four weeks (check all that apply)

- Suicidal ideation
- Homicidal Ideation
- Violence/ aggression
- Substance abuse
- Delusions
- Hallucinations
- Paranoia
- Dissociative states
- Emotional/physical/sexual trauma victim